

Renu IQ for Brain Renewal

Formulated by a Harvard MD and specialist in Anti-aging medicine Renu IQ is a powerful anti-aging beverage supplement designed to protect, improve, re-balance, re-energize and normalize brain function. Renu IQ is the world's first broad-spectrum brain support product with adaptogen anti-aging power. Renu IQ provides herbal adaptogens, phytonutrients, and select vitamins known to enhance brain function.

By drinking Renu IQ 1-2 times each day, you will be giving your brain powerful anti-aging substances that can help you to be smarter, sharper, alert and more focused. You will also be supporting your brain in its fight against oxidative stress and inflammation.

Renu IQ was formulated by Dr. Ken Kroll, Chief Science Officer of Adaptogenix. Dr. Kroll is a graduate of Harvard Medical School. He is a Board Certified Surgeon and a member of:

The American Medical Association

The American Association for the Advancement of Science

The American Academy of Anti-Aging Medicine

The American Nutraceutical Association

Dr. Kroll is also one of a limited number of U.S. Physicians Board Certified in Anti-Aging Medicine

Dr. Kroll has over 20 years of experience in the formulation of wellness and anti-aging products.

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renu iq



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What can Renu IQ help do for you?

This powerful and unique herbal-botanical blend provides hundreds of phytonutrients that 60 years of scientific studies have shown benefit all body systems, block the damaging effects of daily stresses, and provide homeostasis (normalizing of health markers. Ingredients in Renu IQ have been shown in scientific studies to:

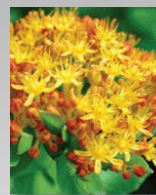
1. Improve memory and learning ability. A major concern as one ages is the decline in memory and learning ability.
2. Stimulate growth of new brain cells. Without optimal nourishment, the brain withers. Renu IQ provides that optimal nourishments.
3. Lengthen telomeres and protect DNA. Telomeres are protective "caps" on chromosomes that protect cells from aging, becoming dysfunctional and creating diseases. Renu IQ protect the cellular genetic components.
4. Increase glutathione, the master antioxidant. Glutathione is vastly more potent than most outside antioxidants. Renu IQ can promote the production of glutathione.
5. Reduce brain and body inflammation. Inflammation is a significant contributor to poor brain health.
6. Protect mitochondria from oxidative damage. Cellular mitochondria are crucial to the cell's energy production.
7. Increase brain serotonin. Renu IQ may promote optimal serotonin levels for a calmer mood, better sleep, positive feeling of well-being.
8. Turn on the longevity gene. The potent antioxidant compound resveratrol is shown to activate the SIRT1 gene, which extends cellular life.
9. Support effective weight loss. The adaptogenic ingredients in Renu IQ help promote healthy weight control

What's in Renu IQ?



Bacopa Monniera - Used for centuries it has been used as a 'brain tonic' to enhance memory and concentration. For over a thousand years it has played an important part in the tradition of Ayurveda, a system of Indian medicine. Western researchers have focused in Bacopa's cognitive benefits—specifically its ability to improve memory, learning and concentration.

Resveratrol - A powerful anti-aging nutrient found to support cardiovascular and brain health. Clinical studies suggest resveratrol may help the body fight premature aging and turns on the longevity gen SIRT1. One glass of Renu IQ contains the resveratrol equivalent of 10 bottles of premium red wine.



Rhodiola Root Extract - A powerful adaptogen that has been shown to enhance mental and physical performance. It has been widely used by Russian athletes and cosmonauts to increase energy. Rhodiola is cardio-protective and improves the nervous system and mental functions such as memory, concentration, and focus. It also appears to protect the health and integrity of brain cells. Rhodiola rosea has extraordinary properties as an anti-mutagen and anti-depressive agent.

Vitamin B-2, B-6, B-12 and Folic Acid - A recent Oxford University study showed that a specific balance of these B vitamins can slow down brain atrophy (shrinkage) that is associated with the aging process. This precise balance is present in Renu IQ.



Vitamin D - Known now for its crucial multiple roles in supporting brain health, strengthening immune function, and preserving youthful telomere lengths.

Modern World Threatens Brain Health

It's no secret that today's modern lifestyle is not conducive to good health. Our diets are poor, with foods high in processed carbs, unhealthy fats, and chemicals being the norm. Our hectic schedules also create tremendous amounts of damaging stress. And we are constantly exposed to growing numbers of environmental toxins and impurities every day - no matter where we live.

These factors threaten every facet of human health, and none more than brain health. Nothing is more important to general body health, personal happiness and good learning skills than a healthy brain. The brain is the master computer of all body processes and of your mood and attitudes.

The bad news is that mental fatigue, declining cognition and rates of dementia and related conditions are on the rise, and simply trying to "live healthy" may not be enough to enjoy optimal brain health. Often it's necessary to seek additional solutions.

HOW TO TAKE RENU IQ

Mix 1 level scoop of Renu IQ with cold water or grape juice. Due to the levels of these nutrients in this product, it is possible to begin with one half scoop for the first few days and then commence with the full scoop. It is important to listen to your body when trying any nutritional product, as a slight detox or adjustment may occur in some.

